

トレーニングルーム空室状況【令和5年9月(9月2日10:00現在)】

空き…○/予約済…×

| 日  |    |   | 月  |    |   | 火  |    |   | 水  |    |   | 木  |    |   | 金  |    |   | 土  |    |   |
|----|----|---|----|----|---|----|----|---|----|----|---|----|----|---|----|----|---|----|----|---|
|    |    |   |    |    |   |    |    |   |    |    |   |    |    |   | 1  |    |   | 2  |    |   |
| AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 |
|    |    |   |    |    |   |    |    |   |    |    |   |    |    |   | ×  | ×  | ○ | ×  | ×  | × |
| 3  |    |   | 4  |    |   | 5  |    |   | 6  |    |   | 7  |    |   | 8  |    |   | 9  |    |   |
| AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 |
| ×  | ×  | ○ | ×  | ○  | × | ×  | ○  | ○ | ×  | ×  | × | ×  | ×  | × | ×  | ×  | ○ | ×  | ×  | × |
| 10 |    |   | 11 |    |   | 12 |    |   | 13 |    |   | 14 |    |   | 15 |    |   | 16 |    |   |
| AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 |
| ×  | ×  | ○ | ×  | ○  | × | ×  | ○  | ○ | ×  | ×  | × | ×  | ×  | × | ×  | ×  | ○ | ×  | ○  | ○ |
| 17 |    |   | 18 |    |   | 19 |    |   | 20 |    |   | 21 |    |   | 22 |    |   | 23 |    |   |
| AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 |
| ×  | ○  | ○ | ○  | ○  | ○ | ×  | ○  | ○ | ×  | ×  | × | ×  | ○  | ○ | ○  | ×  | ○ | ○  | ×  | × |
| 24 |    |   | 25 |    |   | 26 |    |   | 27 |    |   | 28 |    |   | 29 |    |   | 30 |    |   |
| AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 |
| ×  | ×  | × | ×  | ×  | × | ×  | ○  | ○ | ×  | ×  | × | ×  | ×  | × | ×  | ○  | ○ | ×  | ×  | × |

トレーニングルーム空室状況【令和5年10月(9月2日10:00現在)】

空き…○/予約済…×

| 日  |    |   | 月  |    |   | 火  |    |   | 水  |    |   | 木  |    |   | 金  |    |   | 土  |    |   |
|----|----|---|----|----|---|----|----|---|----|----|---|----|----|---|----|----|---|----|----|---|
| 1  |    |   | 2  |    |   | 3  |    |   | 4  |    |   | 5  |    |   | 6  |    |   | 7  |    |   |
| AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 |
| ×  | ×  | ○ | ×  | ○  | × | ×  | ○  | ○ | ×  | ×  | × | ×  | ×  | × | ×  | ×  | ○ | ×  | ×  | × |
| 8  |    |   | 9  |    |   | 10 |    |   | 11 |    |   | 12 |    |   | 13 |    |   | 14 |    |   |
| AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 |
| ×  | ×  | ○ | ○  | ○  | ○ | ×  | ○  | ○ | ×  | ×  | × | ×  | ×  | × | ×  | ×  | × | ×  | ×  | × |
| 15 |    |   | 16 |    |   | 17 |    |   | 18 |    |   | 19 |    |   | 20 |    |   | 21 |    |   |
| AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 |
| ×  | ×  | × | ×  | ○  | × | ×  | ○  | ○ | ×  | ×  | × | ×  | ×  | × | ×  | ×  | ○ | ×  | ×  | × |
| 22 |    |   | 23 |    |   | 24 |    |   | 25 |    |   | 26 |    |   | 27 |    |   | 28 |    |   |
| AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 |
| ×  | ×  | ○ | ×  | ○  | × | ×  | ○  | ○ | ×  | ×  | × | ×  | ×  | × | ×  | ×  | ○ | ○  | ×  | × |
| 29 |    |   | 30 |    |   | 31 |    |   |    |    |   |    |    |   |    |    |   |    |    |   |
| AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 |
| ×  | ○  | ○ | ×  | ○  | × | ○  | ○  | ○ |    |    |   |    |    |   |    |    |   |    |    |   |

トレーニングルーム空室状況【令和5年11月(9月2日10:00現在)】

空き…○/予約済…×

| 日  |    |   | 月  |    |   | 火  |    |   | 水  |    |   | 木  |    |   | 金  |    |   | 土  |    |   |
|----|----|---|----|----|---|----|----|---|----|----|---|----|----|---|----|----|---|----|----|---|
|    |    |   |    |    |   |    |    |   | 1  |    |   | 2  |    |   | 3  |    |   | 4  |    |   |
| AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 |
|    |    |   |    |    |   |    |    |   | ×  | ×  | × | ×  | ×  | × | ○  | ○  | ○ | ○  | ○  | ○ |
| 5  |    |   | 6  |    |   | 7  |    |   | 8  |    |   | 9  |    |   | 10 |    |   | 11 |    |   |
| AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 |
| ×  | ○  | ○ | ×  | ○  | × | ×  | ○  | ○ | ×  | ×  | × | ×  | ×  | × | ×  | ×  | ○ | ×  | ×  | × |
| 12 |    |   | 13 |    |   | 14 |    |   | 15 |    |   | 16 |    |   | 17 |    |   | 18 |    |   |
| AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 |
| ○  | ○  | ○ | ×  | ○  | × | ×  | ○  | ○ | ×  | ×  | × | ×  | ×  | × | ×  | ×  | ○ | ×  | ×  | × |
| 19 |    |   | 20 |    |   | 21 |    |   | 22 |    |   | 23 |    |   | 24 |    |   | 25 |    |   |
| AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 |
| ×  | ○  | ○ | ×  | ○  | × | ×  | ○  | ○ | ×  | ×  | × | ○  | ×  | × | ×  | ×  | ○ | ×  | ×  | × |
| 26 |    |   | 27 |    |   | 28 |    |   | 29 |    |   | 30 |    |   |    |    |   |    |    |   |
| AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 |
| ○  | ○  | ○ | ×  | ○  | × | ×  | ○  | ○ | ○  | ○  | × | ×  | ○  | ○ |    |    |   |    |    |   |

トレーニングルーム空室状況【令和5年12月(9月2日10:00現在)】

空き…○/予約済…×

| 日  |    |   | 月  |    |   | 火  |    |   | 水  |    |   | 木  |    |   | 金  |    |   | 土  |    |   |
|----|----|---|----|----|---|----|----|---|----|----|---|----|----|---|----|----|---|----|----|---|
|    |    |   |    |    |   |    |    |   |    |    |   |    |    |   | 1  |    |   | 2  |    |   |
| AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 |
|    |    |   |    |    |   | ×  | ×  | ○ | ×  | ×  | × | ×  | ×  | × | ×  | ×  | ○ | ×  | ×  | × |
| 3  |    |   | 4  |    |   | 5  |    |   | 6  |    |   | 7  |    |   | 8  |    |   | 9  |    |   |
| AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 |
| ×  | ○  | ○ | ×  | ○  | × | ×  | ○  | ○ | ×  | ×  | × | ×  | ×  | × | ×  | ×  | ○ | ×  | ×  | × |
| 10 |    |   | 11 |    |   | 12 |    |   | 13 |    |   | 14 |    |   | 15 |    |   | 16 |    |   |
| AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 |
| ○  | ○  | ○ | ×  | ○  | × | ×  | ○  | ○ | ×  | ×  | × | ×  | ×  | × | ×  | ×  | ○ | ×  | ×  | × |
| 17 |    |   | 18 |    |   | 19 |    |   | 20 |    |   | 21 |    |   | 22 |    |   | 23 |    |   |
| AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 |
| ×  | ○  | ○ | ×  | ○  | × | ×  | ○  | ○ | ×  | ×  | × | ×  | ×  | × | ×  | ×  | ○ | ×  | ×  | × |
| 24 |    |   | 25 |    |   | 26 |    |   | 27 |    |   | 28 |    |   | 29 |    |   | 30 |    |   |
| AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 |
| ○  | ○  | ○ | ○  | ○  | × | ×  | ○  | ○ | ×  | ×  | × | ×  | ○  | ○ | ○  | ○  | ○ | ×  | ×  | × |
| 31 |    |   |    |    |   |    |    |   |    |    |   |    |    |   |    |    |   |    |    |   |
| AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 | AM | PM | 夜 |
| ×  | ×  | × |    |    |   |    |    |   |    |    |   |    |    |   |    |    |   |    |    |   |

令和6年1月のご予約は、10月1日朝7:00より電話にて受付開始させていただきます。